



Superflex.....A Superhero Social Thinking Curriculum

Hope's Playground offers a social group for 6 weeks that discusses the importance of appropriate social skills, social expectations, and overall "social Smarts." To do this, the therapists will be using the superflex social thinking curriculum designed by speech pathologist Stephanie Madgrial and Michelle Garcia Winner. The goal of the curriculum is to provide the group with a fun, motivating, non-threatening way to explore and modify social behaviors. During each session, the group will be given the tools needed to conquer "unexpected" social behaviors.

Each week the group is split into 2 smaller groups and then brought back together for the last 20-30 minutes for social thinking games. It is during group interactions that the most teachable moments become evident. By the end of the 6 weeks the ultimate goal is for every participant in the group to independently modify social behaviors without the prompting from an adult.

If you have any questions, comments, or concerns please feel free to contact Abby (Occupational Therapist) and/or Katelyn (speech-language pathologist).